

# DMAFB Military & Family Readiness Center



2	3	4 Reintegration 8-10am Pre-separation Briefing 9-11:30am Moving Out 10-11am Career & Resource Fair 11am-12:30pm	5 Right Start 7:30am-12:30pm MOPL 8am How Goes It 10am & 2pm	6 Moving Out 2-3pm RAYVETS Targeted Resume 3-5pm	7 Reintegration 8-10am HA/EFMP Deployment Experience Event 11am-3:30pm	8
9	10 Closed Columbus Day	11 Reintegration 8-10am Moving Out 10-11am	12 MOPL 8am Pre-separation Briefing 9-11:30am How Goes It 10am & 2pm Ask Me Anything 1-2pm	13 Vesting in TSP 9-10am Moving Out 2-3pm	14 Reintegration 8-10am Heart Link Spouse Orientation 8am-2pm Financial for Promotion 10-11am	15 Key Spouse Basic/ Initial Training 8am-4pm
TAP Workshop Condensed ; Retiring & Separating Members —8am-4pm						
16	17	18 Reintegration 8-10am Pre-separation Briefing 9-11:30am Moving Out 10-11am	19 Right Start 7:30am-12:30pm MOPL 8am Private Sector Resume Class 9-11am How Goes It 10am & 2pm	20 Home Buying 101 9am-12pm Moving Out 2-3pm	21 Reintegration 8-10am Resiliency Tactical Pause	22
23	24 Plan My Move 9-11am	25 Reintegration 8-10am KS Continuing Ed 12-1pm Pre-separation Briefing 9-11:30am Moving Out 10-11am	26 MOPL 8am Sponsorship Workshop 9-10:30am How Goes It 10am & 2pm	27 Moving Out 2-3pm	28 Reintegration 8-10am	29
Retiree TAP Workshop—8am-4pm			DoL Employment Workshop—8am-4pm			
30	31 	 				

**MUST SIGN-UP FOR CLASSES—228-5690 or EMAIL: [355FSS.FSH.AFRC@us.af.mil](mailto:355FSS.FSH.AFRC@us.af.mil)**

## REMEMBER YOUR RESOURCES

### Off Base

Military One Source	1-800-342-9647 <a href="http://www.militaryonesource.com">www.militaryonesource.com</a>
TRICARE Behavioral Health	<a href="http://www.tricare.mil/mentalhealth">www.tricare.mil/mentalhealth</a>
Military/Veterans Crisis Line	1-800-273-8255

### On Base

Military & Family Readiness Center	228-5690
Military & Family Life Consultant	402-7749
Chapel	228-5411
Family Advocacy	228-2104
Mental Health	228-HELP (4357)

## READINESS

Required for Deployment:

MOPL/Pre-Deployment/Remote—Weds, 8am, LRS Horseshoe; Contact UDM to schedule  
Reintegration—Tue & Fri, 8am, LRS Horseshoe; Contact your UDM to schedule  
How Goes It—Wed, 10am & 2pm, M&FRC

HA/EFMP Deployment Experience Event—Fri, 7 Oct, 11am-3:30pm; Starts at 4859 LRS Warehouse (IRDC). Welcome Back BBQ starts at 1:30pm at BAMA Park

**Must RSVP!** by noon, Wed, 5 Oct, 228-5690 or [james.ames@us.af.mil](mailto:james.ames@us.af.mil); [kamilla.adams@us.af.mil](mailto:kamilla.adams@us.af.mil)

*\*Parents must remain present with their children*

## RELOCATION ASSISTANCE

DLT Right Start Orientation—Wed, 5 or 19 Oct, 7:30am-12:30pm, Community Center

**Mandatory \*\*MUST SIGN-UP THROUGH DM WELCOME CENTER, 228-1077\*\***

Welcome to DMAFB! Learn about DM's mission, on and off base policies and services, community relations, Force Support activities & more. Families are encouraged to attend!

**Ask Me Anything —Wed, 12 Oct, 1-2pm (Highly Recommended)**

Virtual orientation where inbound members/families can meet with D-M relocation experts to help prepare for their move to AZ. Email [355fss.fsh.afrc@us.af.mil](mailto:355fss.fsh.afrc@us.af.mil) to register \* Zoom platform

**Plan My Move —Mon, 24 Oct, 9-11am, PDC, Rm 148 (Highly Recommended)**

Relocation information for PCS moves. Information presented by TMO, Legal, Family Advocacy, Passport office, Finance, M&FRC, TRICARE, and Military Housing.

**Sponsorship Workshop—Wed, 26 Oct, 9-11am, PDC, Rm 148**

Learn to be the best sponsor you can be to help newcomers orient themselves to their new base and community. *eSponsorship Training CBT a pre-requisite to attending class.*

**eSponsorship Application Training (eSat):** <https://millifelearning.militaryonesource.mil>;  
select eSponsorship from the course catalog

Sponsorship & Newcomer Info —Visit M&FRC Relocation & Sponsorship SharePoint site at:  
<https://usaf.dps.mil/sites/Davis-Monthan/355MSG/355FSS/AFRC/Relo/default.aspx> \* **Relocation assistance counselors are available to provide additional training upon request**

**Heart Link Spouse Orientation—Fri, 14 Oct, 8am-2pm, 355 MXG Bldg 5607....Join other spouses as you learn more about the Air Force and the military community. Lots of great speakers, information and materials along with give-aways and lunch. **MUST RSVP!** By NOON, 13 Oct by calling 228-5690 or email [wendy.council@us.af.mil](mailto:wendy.council@us.af.mil)**

## KEY SPOUSE PROGRAM

**Basic/Initial Training—Sat, 15 Oct, 8am-4pm, PDC, Rm 148**

Learn to provide unit support as a KS. Whether day-to-day events or a large-scale emergency, your best response in these instances are vital to the health of the unit.

**Key Spouse Continuing Education/Networking —Tue, 25 Oct, 12-1pm, PDC, Rm 148**

This is a collaboration session with Key Spouses to discuss and share ideas on successes and lessons learned in different units.

## TRANSITION ASSISTANCE PROGRAM (TAP) MANDATORY

*TAP Requirements for Military Separation or Retirement: (pre-registration required)*

- Initial & Pre-Separation Briefing—Tues, 9-11:30am (except Tues, 11 Oct) PDC/TAC Rm 303

*(mandatory before TAP or Capstone; must complete NLT 1 year before current ETS)*

- TAP Workshop—Condensed Separatee & Retiree TAP, Tue-Thu, 11-13 Oct, 8am-4pm; TAC Rm 309  
Retiree TAP, Mon-Fri, 24-28 Oct, 8am-4pm

- Capstone Event—Email: [355FSS.FSH.TAPTeam@us.af.mil](mailto:355FSS.FSH.TAPTeam@us.af.mil) to schedule

*\* Unit TAP preparation briefings available upon request*

*E-mail: [355FSS.FSH.TAPTeam@us.af.mil](mailto:355FSS.FSH.TAPTeam@us.af.mil) OR call 228-5690 for TAP assistance*

## CAREER ASSISTANCE

**Career & Resource Fair—Tue, 4 Oct, 11am-1230pm, TAC, Rm 309**

Opportunity to meet employers and learn more about finding a job after separation or retirement.

**RayVets Targeted Resume Workshop—Thurs, 6 Oct, 3-5pm, TAC, Rm 303**

Raytheon Military Recruitment advisor will provide information on military skills translation and tailoring your resume.

**Private Sector Resume Workshop—Wed, 19 Oct, 9-11am, TAC, Rm 309**

Learn how to create a resume and prepare for employment with the federal government.

*\* Employment counselors can come to units and provide resume classes, upon request*

Scan QR code to join our Career/Volunteer

Opportunities Networking Group on LinkedIn!



## FINANCIAL CAPABILITIES

**Moving Out—Tue, 10-11am or Thu, 2-3pm; Mandatory for moving out of the dormitory, Rm 220**

Bring your dorm management sign-out sheet, your LES, and estimated expenses and we will help you create the required budget to move out of the dorm.

**Vesting in TSP—Thu, 13 Oct, 9-10am; Mandatory for first term Airmen at 24 months; PDC, Rm 148**

Learn more about TSP while understanding the value of matching contributions under Blended Retirement System (BRS). This satisfied the MyVector requirement.

**Financial for Promotion—Fri, 14 Oct, 9-10am; Mandatory for promotes; PDC, Rm 148**

Check your LES, plan a new budget, and consider opportunities for you new income with promotion.

**Home Buying 101—Thu, 20 Oct, 9am-12pm, M&FRC, Conf Rm, 220**

Learn the basics of buying a home. Includes preparing your budget and credit report for best lending rate. Get up to date VA loan information from the bank and what to look for from a home inspector.

*\* Financial classes available for unit training upon request*

*E-mail: [355FSS.FSH.PFRTeam@us.af.mil](mailto:355FSS.FSH.PFRTeam@us.af.mil) for Personal Finance assistance OR call 228-5690*

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